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MD Revolution Provides Turnkey Solution for Chronic Care Management

Proven model increases patient engagement and enables physicians to take advantage of new Medicare payments for chronic care management in 2015.

SAN DIEGO, November 5, 2014 – [MD Revolution](#) has developed a user-friendly system to support physicians providing chronic care management (CCM) services for Medicare patients. Called RevUp, this proven platform combines digital monitoring devices with personalized intensive coaching, data from lab tests and machine learning to improve patient engagement.

“RevUp incorporates high tech and high touch approaches to produce real health outcomes,” said cardiologist Samir Damani, MD, PharmD, FACC, MD Revolution’s founder and CEO. “We are the only organization with a customizable, [turnkey CCM solution](#) that will not require practices to hire additional staff. RevUp works for all medical practice sizes and complexity.”

In recognition of the avalanche of chronic diseases overcoming the U.S. and the services that physicians already provide, the Centers for Medicare & Medicaid Services (CMS) will pay for chronic care management as part of their 2015 Physician Fee Schedule (PFS). As a result, CMS has established a new code to pay physicians \$42 per month for non-face-to-face management of patients with two or more chronic conditions.

With its RevUp platform, MD Revolution provides a low-cost, [turnkey digital health solution](#) that meets Medicare’s new requirements, enhances patient care and can help practices increase their income. The system integrates seamlessly with any practice workflow and electronic health record, without the need to hire additional personnel or overwhelm existing staff.

The system reinforces each patient’s care plan and increases engagement with online, personalized, 24/7 lifestyle coaching. In addition, RevUp supports medication monitoring, and provides all necessary documentation for Medicare reimbursement.

A recent case study of patients using RevUp showed excellent clinical outcomes, including:

- 70 percent of patients experienced weight loss and were able to change their body composition profile, losing dangerous visceral fat;
- 80 percent improved their cardiorespiratory fitness;
- More than 75 percent remained engaged with the program.

MD Revolution has already inked a partnership with Elevate Seniors, who will utilize the RevUp platform to provide practices with comprehensive care management, and [Health-e-Link](#), a next generation SaaS provider of cloud-based electronic health record systems, who will offer RevUp to all qualifying patients in Health-e-Link's system. The company is working with other EHR vendors as a service provider for CCM and with a number of large health systems.

“RevUp is a win-win for both medical practices and patients,” said Damani. “Physicians can take better care of their chronic disease patients while streamlining their delivery systems. Most importantly, patients receive better support to achieve their health goals.”

About MD Revolution

Founded in 2011 by practicing cardiologist Samir Damani, [MD Revolution](#) is at the forefront of chronic disease management and care. With a revolutionary approach to lifestyle interventions the company's digital health solution, RevUp, delivers measurable improvements in health, empowering people through digital monitoring, coaching and sophisticated algorithms that provide personalized healthcare solutions.